

# Medicaid Members Doula Services

Did you know that you can receive Doula services as a part of your Medicaid benefits? You can receive 6 visits and attendance at labor and birth throughout your pregnancy and postpartum period.

## Doulas can help with:

- Providing education
- Developing a birth plan
- Supporting your personal and cultural preferences
- Providing emotional support
- Encouraging self-advocacy
- Helping with social needs
- Coordinating services provided in the community
- Being present and providing support during labor and delivery
- Postpartum services including education, breastfeeding support, emotional support, attending medical appointments, helping with social needs, coordinating services provided in the community, and grief.

